

## *All4You* More Evidence of Failure than Success

ALL4YOU	Coyle, et al, 2006 <sup>1</sup>	Coyle, et al, 2013 <sup>2</sup>
Study conducted by independent evaluator?	<b>NO</b> , the study was by the program author	<b>NO</b> , study was by the program author
Follow-up measures at least 12 months after the program?	<b>YES</b> , measures at 6, 12, & 18 months after the program	<b>YES</b> , measures at 4 & 16 months after the program
<b>OUTCOMES:</b>		
Pregnancy	<b>NO EFFECT</b>	Not measured
STDs	Not measured	Not measured
Sexual Initiation	<b>NO EFFECT</b>	<b>NO EFFECT</b>
Consistent Condom Use	Not measured	Not measured
Condom Use At Last Sex	At 6 months, not 12 or 18 months	<b>NO EFFECT</b>
Unprotected Sex	At 6 months, not 12 or 18 months	At 4 months only, not 16 months
Number of Sex Partners	<b>NO EFFECT</b>	<b>NO EFFECT</b>
Frequency of Sex	At 6 months, not 12 or 18 months	<b>NO EFFECT</b>
Dual Effect: Condom Use & Abstinence	<b>NO EFFECT</b>	<b>NO EFFECT</b>

### Key Findings

There have been two studies of *All4You*, both conducted by the program’s developers. According to a published research review by *The Institute for Research & Evaluation*,<sup>3</sup> **these two studies have not produced sufficient evidence to label *All4You* an effective school-based program.** In the first study, the program failed to reduce teen sexual initiation or pregnancy, and had several short-term effects (at 6 months) that disappeared 12 and 18 months after the program. In the second study, *All4You* failed to reduce sexual initiation, frequency of sex, or number of partners, or to increase condom use. The only program impact—reduction in unprotected sex after 4 months—was not found 12 months later.

**Summary.** Contrary to the U.S. Teen Pregnancy Prevention website,<sup>4</sup> *All4You* has shown little evidence of effectiveness in school classrooms—it failed to reduce sexual initiation, teen pregnancy, or number of sex partners, and had no *sustained* effects on condom use, frequency of sex, or unprotected sex. (*All4You* is marketed by ETR, an offshoot of Planned Parenthood.)

1. Coyle KK, Kirby DB, Robin LE, Banspach SW, Baumler E, & Glassman JR. (2006). All4You! A randomized trial of an HIV, other STDs, and pregnancy prevention intervention for alternative school students. *AIDS Education and Prevention*, 18(3), 187-203.
2. Coyle KK, Glassman JR, Franks HM, Campe SM, Denner J, & Lepore GM. (2013). Interventions to reduce sexual risk behaviors among youth in alternative schools: A randomized controlled trial. *Journal of Adolescent Health*, 53(1), 68-78.
3. Ericksen IH, Weed SE. (2019). "Re-Examining the Evidence for School-based Comprehensive Sex Education: A Global Research Review." *Issues in Law and Medicine*, 34(2):161-182.
4. See: <https://tppevidencereview.youth.gov/EvidencePrograms.aspx>