

THE CALIFORNIA HEALTHY YOUTH ACT PARENT OPT-OUT LETTER FOR GRADES 7-12

Dear Parent or Guardian:

The California Healthy Youth Act now mandates that schools teach explicit sex-education programs at least once in middle school or junior high school beginning in grade 7. Parents may request that their students opt out of this mandate in favor of an alternative educational activity. In order for your student to be enrolled in the alternative program, **parents must return the attached written request in order to opt-out.**

Under the mandate, students who are not opted out, must receive the sex-ed program, detailed in full here: https://leginfo.ca.gov/faces/billNavClient.xhtml?bill_id=201520160AB329.

Here is a partial list of the sex-ed requirements which students who are not opted-out will receive. The full list of requirements is in the link above. The sex-education program must:

- Teach students to affirmatively recognize that people have different sexual orientations.
- Provide discussion and examples of same-sex relationships.
- Teach students about gender, gender expression, gender identity and explore the harm of negative gender stereotypes.
- Teach students all twenty FDA approved contraceptive methods including the controversial method referred to as "emergency contraception."
- Teach students about "all legally available pregnancy outcomes including...abortion."
- Teach students about sexual harassment, sexual assault, adolescent relationship abuse.
- Teach students about intimate partner violence and sex trafficking.
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- Additionally, unless opted-out, students may be required to complete explicit questionnaires or surveys relating to their personal sexual involvement and experience or intentions.

Alternative Education Activity

For parents who do not wish for their children to participate in the sex-education program, or sex-ed survey, the law requires that: *"An alternative educational activity shall be made available to pupils whose parents or guardians have requested that they not receive the instruction or participate in the test, questionnaire, or survey."* Schools may choose *A.C. Green's Game Plan*, as an "alternative educational activity." *Game Plan* covers important health topics in an age-appropriate way that helps students understand that avoiding all risky behaviors including sexual activity before marriage is the safest, healthiest choice. *Game Plan* from A&M Resources is compliant with federal guidelines from the Centers for Disease Control and Prevention (CDC), is non-explicit, and does not normalize teen sexual activity.

A.C. Green is a 3-Time NBA Champion with the L.A. Lakers. Each student in the alternative program should receive a copy of his *Game Plan* workbook, which uses a sports theme to teach character qualities that we think parents will appreciate. *Game Plan* is endorsed by former Lakers Coach Pat Riley, and former San Antonio Spurs star, David Robinson. A&M Resources also offers the **Quest** workbook for Jr. Hi. Students, and **Aspire** and **Navigator** for high schools students. See www.amresources.org.

Parents or Guardians who wish for their students to receive the alternative educational activity must make this request in writing. Only the attached form needs to be submitted to the school.

The California Healthy Youth Act Opt-Out Letter:

Pursuant to the requirements of the California Healthy Youth Act, I wish for my student(s) to be opted-out of the Comprehensive Sexual Health Education program, HIV Prevention Education program, and any associated anonymous, voluntary, and confidential test, questionnaire, or survey on pupil health behaviors and risks.

Pursuant to the requirements of the California Healthy Youth Act, I wish for my student(s) to be provided with an Alternative Educational Activity, provided by A&M Resources. (www.amresources.org)

- A.C. Green's Game Plan:* (Grades 7-8).
- Quest: An Adventurous Journey:* (Grades 7-8).
- Aspire: Live your life. Be free:* (Grades 9-12).
- Navigator: Finding your way to a healthy and successful future.* (Grades 9-12).

Date: _____

• Parent or Guardian Printed Name(s): _____

• Parent or Guardian Signature: _____

• Student(s): _____

The California Healthy Youth Act: SEC. 15. Section 51939 (State Requirements for Opt-Out)

(a) A pupil may not attend any class in comprehensive sexual health education or HIV prevention education, or participate in any anonymous, voluntary, and confidential test, questionnaire, or survey on pupil health behaviors and risks, if the school has received a written request from the pupil's parent or guardian excusing the pupil from participation.

(b) A pupil may not be subject to disciplinary action, academic penalty, or other sanction if the pupil's parent or guardian declines to permit the pupil to receive comprehensive sexual health education or HIV prevention education or to participate in anonymous, voluntary, and confidential tests, questionnaires, or surveys on pupil health behaviors and risks.

(c) While comprehensive sexual health education, HIV prevention education, or anonymous, voluntary, and confidential test, questionnaire, or survey on pupil health behaviors and risks is being administered, an alternative educational activity shall be made available to pupils whose parents or guardians have requested that they not receive the instruction or participate in the test, questionnaire, or survey.