

HARMING THEIR INNOCENCE

Parents are outraged over the **explicit language and graphic content** their children are exposed to by federally funded **Comprehensive Sex Education** lessons that are taught in schools across the country.

Example of Current Curriculum



MAKING A DIFFERENCE!

Federally funded under the Teen Pregnancy Prevention (TPP) program (pages 63, 64)

How Do People Express Their Sexual Feelings? What is Abstinence? (10 minutes)

Activity D

PREPARING FOR THE ACTIVITY

Rationale

Understanding that there are many behaviors that express sexual feelings helps participants choose sexual behaviors that do not result in pregnancy or sexually transmitted infection.

Materials Needed

- "How Do People Express Their Sexual Feelings?" poster
- Masking tape

Time

Procedure

1. Have participants brainstorm answers to the following question.
With all the messages teens are receiving about sex, what are some of the ways people express their sexual feelings to themselves or other people?

Elicit as many answers as you can.

Answers may include:

- | | |
|--------------|--------------------------------|
| oral sex | sexual fantasy |
| caressing | anal sex |
| dancing | massage |
| masturbation | holding hands |
| talking | cuddling on the couch |
| hugging | touching each other's genitals |
| kissing | vaginal intercourse |
| grinding | saying "I like you" |

FACILITATOR'S NOTE

If participants are hesitant, ask prompting questions i.e.:

- What kind of sex can people have by themselves?
- What other words do we use for touching?
- What other things might people do with their mouths?
- What kinds of things can people do with their hands?

Module 2

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3. Put up the "How Do People Express Their Sexual Feelings?" poster.

FACILITATOR'S NOTE

Be sure participants understand the definition of vaginal intercourse, oral sex, anal sex, and masturbation:

- Vaginal intercourse or sexual intercourse means a man's penis in a woman's vagina.
- Oral sex means a person's mouth on another person's genitals.
- Anal sex means a man's penis in a person's anus, rectum, or behind.
- Masturbation means rubbing, stroking, or "playing with" one's own genitals or the genitals of another person.

4. Discuss each item on the poster by asking participants whether or not the behavior could result in pregnancy or sexually transmitted infection. Be sure to identify ALL behaviors that may involve an exchange of blood, semen, or vaginal secretions (participants may suggest behaviors besides oral, anal, and vaginal intercourse which will transmit disease).

5. Then ask,

- Why won't everybody want to engage in ALL of these behaviors? [Answers may include: they may not feel good, or be appealing; some may be risky; they may have religious or moral objections.]
- How can we let our partners know what we are willing and not willing to do? [Answers may include: We need to tell them before any touching occurs.]

These lessons are taught to middle school students, ages 12-14.